

Question: 301

The next several questions ask you about your personal well-being.

Overall, how would you rate your physical health on a scale from 1 to 7, where 1 is poor, 4 is fair, and 7 is excellent?

- 1> POOR
- 2>
- 3>
- 4> FAIR
- 5>
- 6>
- 7> EXCELLENT

| q301 general physical health | | | | | |
|--|-----------|---------|-----------|----------|--|
| | Raw | Raw | Weighted | Weighted | |
| Q301 | Frequency | Percent | Frequency | Percent | |
| ff | | | | | |
| 1 POOR | 6 | 2.0 | 4.29434 | 1.4 | |
| 2 | 4 | 1.4 | 2.936752 | 1.0 | |
| 3 | 10 | 3.4 | 8.867042 | 3.0 | |
| 4 FAIR | 42 | 14.2 | 45.96728 | 15.5 | |
| 5 | 63 | 21.3 | 68.99327 | 23.3 | |
| 6 | 103 | 34.8 | 98.30697 | 33.1 | |
| 7 EXCELLENT | 68 | 23.0 | 67.21468 | 22.7 | |

Frequency Missing = 249

Question: 302

Overall, how would you rate your mental health on a scale from 1 to 7, where 1 is poor, 4 is fair, 7 excellent?

- 1> POOR
- 2>
- 3>
- 4> FAIR
- 5>
- 6>
- 7> EXCELLENT

| q302 general mental health | | | | | |
|--|-----------|---------|-----------|----------|--|
| | Raw | Raw | Weighted | Weighted | |
| Q302 | Frequency | Percent | Frequency | Percent | |
| ff | | | | | |
| 2 | 2 | 0.7 | 1.892851 | 0.6 | |
| 3 | 5 | 1.7 | 4.379662 | 1.5 | |
| 4 FAIR | 29 | 9.8 | 25.31962 | 8.5 | |
| 5 | 28 | 9.4 | 31.00387 | 10.4 | |
| 6 | 77 | 25.9 | 79.38455 | 26.7 | |
| 7 EXCELLENT | 156 | 52.5 | 155.4008 | 52.3 | |

Frequency Missing = 248

Question: 303

How satisfied are you with your physical condition?
very dissatisfied, dissatisfied, satisfied, or very satisfied?

- 1> VERY DISSATISFIED
- 2> DISSATISFIED
- 3> SATISFIED
- 4> VERY SATISFIED

q303 satisfied with physical condit

| | Raw | Raw | Weighted | Weighted |
|--|-----------|---------|-----------|----------|
| Q303 | Frequency | Percent | Frequency | Percent |
| ff | | | | |
| 1 VERY DISSAT | 14 | 4.7 | 10.796 | 3.6 |
| 2 DISSAT | 72 | 24.2 | 70.26284 | 23.6 |
| 3 SATISFIED | 161 | 54.2 | 162.0689 | 54.5 |
| 4 V. SATISFIED | 50 | 16.8 | 54.25365 | 18.2 |

Frequency Missing = 248

Question: 304

How satisfied are you with your mental condition?

- 1> VERY DISSATISFIED
- 2> DISSATISFIED
- 3> SATISFIED
- 4> VERY SATISFIED

q304 satisfied with mental condit

| | Raw | Raw | Weighted | Weighted |
|--|-----------|---------|-----------|----------|
| Q304 | Frequency | Percent | Frequency | Percent |
| ff | | | | |
| 1 VERY DISSAT | 7 | 2.4 | 8.773876 | 3.0 |
| 2 DISSAT | 13 | 4.4 | 14.85598 | 5.0 |
| 3 SATISFIED | 144 | 48.5 | 137.0485 | 46.1 |
| 4 V. SATISFIED | 133 | 44.8 | 136.703 | 46.0 |

Frequency Missing = 248

Question: 313

Over the last 3 months, have there been times when you were bothered by tense, sore, or aching muscles not due to physical exercise?

- 0> NO
- 1> YES

q313 bothered by tense muscles 3M

| Q313 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 178 | 59.9 | 186.1695 | 62.6 |
| 1 YES | 119 | 40.1 | 111.2119 | 37.4 |

Frequency Missing = 248

Question: 314

Over the last 3 months, have there been times when you were you keyed up or on edge?

- 0> NO
- 1> YES

q314 keyed up or on edge last 3M

| Q314 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 120 | 40.5 | 118.2926 | 39.9 |
| 1 YES | 176 | 59.5 | 178.2752 | 60.1 |

Frequency Missing = 249

Question: 315

Over the last 3 months, have there been times when you were easily tired?

- 0> NO
- 1> YES

q315 easily tired last 3 mons

| Q315 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 118 | 39.9 | 115.3125 | 39.0 |
| 1 YES | 178 | 60.1 | 180.4036 | 61.0 |

Frequency Missing = 249

Question: 316

Over the last 3 months, have there been times when you had difficulty making decisions?

- 0> NO
- 1> YES

q316 diffic making decision 3M

| Q316 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 208 | 70.0 | 200.9442 | 67.6 |
| 1 YES | 89 | 30.0 | 96.43713 | 32.4 |

Frequency Missing = 248

Question: 317

Over the last 3 months, have there been times when you had difficulty problem solving?

- 0> NO
- 1> YES

q317 diffic problm solving 3M

| Q317 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 229 | 77.1 | 230.1398 | 77.4 |
| 1 YES | 68 | 22.9 | 67.24153 | 22.6 |

Frequency Missing = 248

Question: 318

Over the last 3 months, have there been times when you had difficulty concentrating, or when your mind suddenly "went blank"?

- 0> NO
- 1> YES

q318 diffic concentrating 3M

| Q318 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 184 | 62.0 | 177.8666 | 59.8 |
| 1 YES | 113 | 38.0 | 119.5147 | 40.2 |

Frequency Missing = 248

Question: 319

Over the last 3 months, have there been times when you had memory problems (short or long term)?

- 0> NO
- 1> YES

| q319 memory problem 3M | | | | |
|--|-----------|---------|-----------|----------|
| | Raw | Raw | Weighted | Weighted |
| Q319 | Frequency | Percent | Frequency | Percent |
| ff | | | | |
| 0 NO | 189 | 63.6 | 198.4881 | 66.7 |
| 1 YES | 108 | 36.4 | 98.89328 | 33.3 |
| Frequency Missing = 248 | | | | |

Question: 320

Over the last 3 months, have there been times when you had trouble falling asleep?

- 0> NO
- 1> YES

| q320 had trouble sleep 3M | | | | |
|--|-----------|---------|-----------|----------|
| | Raw | Raw | Weighted | Weighted |
| Q320 | Frequency | Percent | Frequency | Percent |
| ff | | | | |
| 0 NO | 160 | 53.9 | 169.0271 | 56.8 |
| 1 YES | 137 | 46.1 | 128.3543 | 43.2 |
| Frequency Missing = 248 | | | | |

Question: 321

Over the last 3 months, have there been times when you were particularly irritable?

- 0> NO
- 1> YES

| q321 very irritable last 3 M | | | | |
|--|-----------|---------|-----------|----------|
| | Raw | Raw | Weighted | Weighted |
| Q321 | Frequency | Percent | Frequency | Percent |
| ff | | | | |
| 0 NO | 140 | 47.1 | 140.7081 | 47.3 |
| 1 YES | 157 | 52.9 | 156.6733 | 52.7 |
| Frequency Missing = 248 | | | | |

Question: 322

Over the last 3 months, have there been times when you were aware of your heart pounding or racing, not due to exercise?

- 0> NO
- 1> YES

q322 aware of heart pounding 3M

| Q322 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 231 | 78.3 | 235.11 | 79.6 |
| 1 YES | 64 | 21.7 | 60.12594 | 20.4 |

Frequency Missing = 250

Question: 323

Over the last 3 months, have there been times when you had nausea, a churning in your stomach, or abdominal distress?

- 0> NO
- 1> YES

q323 abdominal distress 3M

| Q323 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 236 | 79.5 | 237.1089 | 79.7 |
| 1 YES | 61 | 20.5 | 60.27242 | 20.3 |

Frequency Missing = 248

Question: 324

Over the last 3 months, have there been times when you could not get relaxed even though you tried?

- 0> NO
- 1> YES

q324 not relaxed though tired 3M

| Q324 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 203 | 68.4 | 198.6992 | 66.8 |
| 1 YES | 94 | 31.6 | 98.68215 | 33.2 |

Frequency Missing = 248

Question: 325

Over the last 3 months, have there been times when you had a sensation of a lump in the throat, or had trouble swallowing?

- 0> NO
- 1> YES

q325 lump in throat 3M

| Q325 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|-------|---------------|-------------|--------------------|------------------|
| 0 NO | 265 | 89.2 | 263.8888 | 88.7 |
| 1 YES | 32 | 10.8 | 33.49256 | 11.3 |

Frequency Missing = 248

Question: 330

The next few questions ask you about your mood and feelings over the *last month.*

On how many days *last month* did you feel that you were just as good as other people?

ENTER VALUE 0 - 30

q330 days feel good as others 1M

| Q330 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|------|---------------|-------------|--------------------|------------------|
| 0 | 5 | 1.8 | 4.518589 | 1.6 |
| 2 | 1 | 0.4 | 0.661122 | 0.2 |
| 3 | 3 | 1.1 | 3.655621 | 1.3 |
| 5 | 4 | 1.4 | 6.24193 | 2.2 |
| 7 | 1 | 0.4 | 0.674574 | 0.2 |
| 10 | 1 | 0.4 | 0.661122 | 0.2 |
| 13 | 1 | 0.4 | 0.801007 | 0.3 |
| 15 | 16 | 5.7 | 15.47834 | 5.5 |
| 20 | 17 | 6.0 | 18.3142 | 6.5 |
| 21 | 2 | 0.7 | 1.349148 | 0.5 |
| 24 | 1 | 0.4 | 0.674574 | 0.2 |
| 25 | 15 | 5.3 | 17.71108 | 6.3 |
| 27 | 2 | 0.7 | 4.614928 | 1.6 |
| 28 | 9 | 3.2 | 8.320127 | 3.0 |
| 29 | 4 | 1.4 | 3.229505 | 1.1 |
| 30 | 199 | 70.8 | 195.0283 | 69.2 |

Frequency Missing = 264

Question: 331

On how many days last month did you feel.. bothered by things that usually don't bother you?

ENTER VALUE 0 - 30

q331 days feel bothered 1M

| Q331 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|------|------------------|----------------|-----------------------|---------------------|
| 0 | 146 | 50.5 | 142.4654 | 48.9 |
| 1 | 23 | 8.0 | 21.44668 | 7.4 |
| 2 | 41 | 14.2 | 44.86376 | 15.4 |
| 3 | 17 | 5.9 | 20.22262 | 6.9 |
| 4 | 7 | 2.4 | 11.38597 | 3.9 |
| 5 | 19 | 6.6 | 20.8174 | 7.1 |
| 6 | 2 | 0.7 | 1.462129 | 0.5 |
| 7 | 6 | 2.1 | 5.429426 | 1.9 |
| 9 | 2 | 0.7 | 1.740472 | 0.6 |
| 10 | 12 | 4.2 | 11.05186 | 3.8 |
| 12 | 2 | 0.7 | 1.335696 | 0.5 |
| 15 | 1 | 0.3 | 1.331921 | 0.5 |
| 20 | 2 | 0.7 | 1.322244 | 0.5 |
| 28 | 1 | 0.3 | 0.674574 | 0.2 |
| 30 | 8 | 2.8 | 6.062185 | 2.1 |

Frequency Missing = 256

Question: 332

On how many days last month did you feel...like not eating, having a poor appetite?

ENTER VALUE 0 - 30

q332 days dislikeeating 1M

| Q332 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|------|------------------|----------------|-----------------------|---------------------|
| 0 | 232 | 78.1 | 222.3305 | 74.8 |
| 1 | 7 | 2.4 | 5.830827 | 2.0 |
| 2 | 11 | 3.7 | 12.16111 | 4.1 |
| 3 | 11 | 3.7 | 12.78868 | 4.3 |
| 4 | 5 | 1.7 | 3.47144 | 1.2 |
| 5 | 10 | 3.4 | 14.61069 | 4.9 |
| 6 | 2 | 0.7 | 1.335696 | 0.4 |
| 7 | 6 | 2.0 | 9.358782 | 3.1 |
| 10 | 2 | 0.7 | 2.145422 | 0.7 |
| 15 | 1 | 0.3 | 1.331921 | 0.4 |
| 20 | 5 | 1.7 | 7.554134 | 2.5 |
| 21 | 1 | 0.3 | 0.661122 | 0.2 |
| 30 | 4 | 1.3 | 3.800978 | 1.3 |

Frequency Missing = 248

Question: 333

On how many days last month did you feel...depressed?

ENTER VALUE 0 - 30

q333 days feel depressed 1M

| Q333 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|------|------------------|----------------|-----------------------|---------------------|
| 0 | 172 | 58.5 | 171.1555 | 58.0 |
| 1 | 21 | 7.1 | 20.4175 | 6.9 |
| 2 | 30 | 10.2 | 27.03844 | 9.2 |
| 3 | 14 | 4.8 | 18.93754 | 6.4 |
| 4 | 7 | 2.4 | 6.135632 | 2.1 |
| 5 | 14 | 4.8 | 16.69405 | 5.7 |
| 6 | 1 | 0.3 | 1.254132 | 0.4 |
| 7 | 3 | 1.0 | 2.667616 | 0.9 |
| 8 | 2 | 0.7 | 1.552315 | 0.5 |
| 10 | 9 | 3.1 | 11.66923 | 4.0 |
| 12 | 1 | 0.3 | 0.813501 | 0.3 |
| 15 | 7 | 2.4 | 5.808024 | 2.0 |
| 20 | 3 | 1.0 | 2.53804 | 0.9 |
| 25 | 3 | 1.0 | 2.428009 | 0.8 |
| 28 | 1 | 0.3 | 0.738814 | 0.3 |
| 30 | 6 | 2.0 | 5.007487 | 1.7 |

Frequency Missing = 251

Question: 334

On how many days last month did you feel...that everything you did was an effort?

ENTER VALUE 0 - 30

q334 days everything an effort 1M

| Q334 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|------|------------------|----------------|-----------------------|---------------------|
| 0 | 165 | 56.3 | 160.7137 | 54.6 |
| 1 | 18 | 6.1 | 17.11109 | 5.8 |
| 2 | 21 | 7.2 | 22.39916 | 7.6 |
| 3 | 17 | 5.8 | 14.93048 | 5.1 |
| 4 | 5 | 1.7 | 4.067552 | 1.4 |
| 5 | 19 | 6.5 | 21.84007 | 7.4 |
| 6 | 7 | 2.4 | 9.181866 | 3.1 |
| 7 | 5 | 1.7 | 7.197629 | 2.4 |
| 8 | 1 | 0.3 | 0.738814 | 0.3 |
| 10 | 7 | 2.4 | 7.020383 | 2.4 |
| 15 | 6 | 2.0 | 5.590588 | 1.9 |
| 20 | 7 | 2.4 | 6.076608 | 2.1 |
| 25 | 3 | 1.0 | 2.353322 | 0.8 |
| 26 | 2 | 0.7 | 2.744583 | 0.9 |
| 28 | 1 | 0.3 | 0.738814 | 0.3 |
| 30 | 9 | 3.1 | 11.53233 | 3.9 |

Frequency Missing = 252

Question: 335

On how many days last month did you feel...like you were enjoying life?

ENTER VALUE 0 - 30

| q335 days feel enjoy life 1M | | | | | |
|------------------------------|------------------|----------------|-----------------------|---------------------|------|
| Q335 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent | |
| | 0 | 9 | 3.1 | 7.397452 | 2.6 |
| | 1 | 1 | 0.3 | 1.331921 | 0.5 |
| | 2 | 4 | 1.4 | 3.04039 | 1.1 |
| | 3 | 3 | 1.0 | 2.693858 | 0.9 |
| | 4 | 1 | 0.3 | 1.07935 | 0.4 |
| | 5 | 7 | 2.4 | 6.533793 | 2.3 |
| | 6 | 2 | 0.7 | 1.474623 | 0.5 |
| | 7 | 3 | 1.0 | 2.86864 | 1.0 |
| | 8 | 2 | 0.7 | 2.663842 | 0.9 |
| | 10 | 13 | 4.5 | 14.84382 | 5.1 |
| | 12 | 2 | 0.7 | 1.413388 | 0.5 |
| | 15 | 28 | 9.7 | 29.72782 | 10.3 |
| | 20 | 24 | 8.3 | 27.49769 | 9.5 |
| | 25 | 19 | 6.6 | 20.99043 | 7.3 |
| | 26 | 3 | 1.0 | 2.399113 | 0.8 |
| | 27 | 5 | 1.7 | 3.498344 | 1.2 |
| | 28 | 19 | 6.6 | 18.47385 | 6.4 |
| | 29 | 8 | 2.8 | 9.84882 | 3.4 |
| | 30 | 137 | 47.2 | 131.621 | 45.5 |

Frequency Missing = 255

Question: 336

On how many days last month did you feel...the absence of fun or interest in doing things?

ENTER VALUE 0 - 30

q336 days feel no fun 1M

| Q336 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|------|------------------|----------------|-----------------------|---------------------|
| 0 | 143 | 49.1 | 130.5967 | 44.6 |
| 1 | 15 | 5.2 | 19.74153 | 6.7 |
| 2 | 27 | 9.3 | 31.92301 | 10.9 |
| 3 | 17 | 5.8 | 21.41397 | 7.3 |
| 4 | 8 | 2.7 | 6.959708 | 2.4 |
| 5 | 18 | 6.2 | 19.54728 | 6.7 |
| 6 | 2 | 0.7 | 1.753924 | 0.6 |
| 7 | 6 | 2.1 | 7.148896 | 2.4 |
| 8 | 1 | 0.3 | 0.738814 | 0.3 |
| 10 | 25 | 8.6 | 25.46277 | 8.7 |
| 12 | 1 | 0.3 | 1.331921 | 0.5 |
| 15 | 10 | 3.4 | 10.33033 | 3.5 |
| 20 | 7 | 2.4 | 5.681964 | 1.9 |
| 28 | 1 | 0.3 | 0.674574 | 0.2 |
| 29 | 2 | 0.7 | 1.990388 | 0.7 |
| 30 | 8 | 2.7 | 7.485553 | 2.6 |

Frequency Missing = 254

Question: 337

On how many days last month did you feel...hopeful about the future?

ENTER VALUE 0 - 30

q337 days hopeful about future 1M

| Q337 | Raw Frequency | Raw Percent | Weighted Frequency | Weighted Percent |
|------|------------------|----------------|-----------------------|---------------------|
| 0 | 11 | 3.8 | 9.043958 | 3.1 |
| 1 | 2 | 0.7 | 2.478734 | 0.9 |
| 2 | 7 | 2.4 | 6.306679 | 2.2 |
| 3 | 4 | 1.4 | 3.717582 | 1.3 |
| 5 | 19 | 6.6 | 17.90445 | 6.2 |
| 7 | 2 | 0.7 | 1.349148 | 0.5 |
| 8 | 1 | 0.3 | 1.07935 | 0.4 |
| 10 | 10 | 3.5 | 11.55494 | 4.0 |
| 12 | 1 | 0.3 | 0.738814 | 0.3 |
| 15 | 16 | 5.6 | 17.83555 | 6.2 |
| 18 | 1 | 0.3 | 0.661122 | 0.2 |
| 20 | 14 | 4.9 | 15.926 | 5.5 |
| 22 | 1 | 0.3 | 3.535579 | 1.2 |
| 25 | 13 | 4.5 | 14.42948 | 5.0 |
| 26 | 1 | 0.3 | 0.911038 | 0.3 |
| 27 | 2 | 0.7 | 1.488075 | 0.5 |
| 28 | 9 | 3.1 | 8.844378 | 3.1 |
| 29 | 7 | 2.4 | 6.614871 | 2.3 |
| 30 | 167 | 58.0 | 163.4839 | 56.8 |

Frequency Missing = 257